



## State of Maryland

### Advisory Council on Mental Hygiene/Planning Council

Martin O'Malley, Governor – Anthony G. Brown, Lt. Governor – Joshua M. Sharfstein, M.D., Secretary, DHMH

#### MARYLAND ADVISORY COUNCIL ON MENTAL HYGIENE/ PL 102-321 PLANNING COUNCIL

##### Minutes

**December 20, 2011**

**Maryland Advisory Council Members:** M. Sue Diehl, Chair; Robert M. Pender, Vice-Chair; Mike Finkle, Livia Pazourek, Anita Solomon

**Maryland Advisory Council Members Absent:** Richard Blair, Jaimi L. Brown, Michele Forzley, Joshana Goga, Edwin C. Oliver, Charles Reifsnider, John Scharf, Anthony Swetz, Jr., Robert Turner, Sherrie Wilcox

Individuals highlighted as such are resigned members who have not yet been replaced.

**PL 102-321 Council Members Present:** T.E. Arthur, Naomi Booker, Vanessa Bullock for Cindy Kauffman, Peter Cohen, Herb Cromwell, Diane Herr, Julie Jerscheid, Steven Kinney for Tracee Bryant, Dan Martin, Cynthia Petion, Sarah Rhine

**PL 102-321 Council Members Absent:** Lynn Albizo, Carol Allenza, Sarah Burns, Coordinator; Chicquita Crawford, Lee Crump, Lesa Diehl, Catherine Drake, A. Scott Gibson, Kate Farinholt, Vira Froehlinger, Gerri Gray, Victor Henderson, Michael Lang, Sharon Lipford, Coordinator; George Lipman, William Manahan, Jacqueline Powell, Linda Raines, Sheryl Sparer, Jane Walker, Kathleen Ward, Phoenix Woody

**MHA Staff Present:** Brian Hepburn, Robin Poponne, Iris Reeves

**Guests and Others:** Dennis McDowell, Laurie Galloway, On Our Own of Carroll County, Inc.; Elaine Carroll, On Our Own of Maryland, Inc.; Christin Whitaker, DHMH-MFP (Money Follows the Person); Joanne Meekins, Consumer Quality Team of MD; Gerald Beemer, Shore Behavioral Health; John Turner, Dorchester General Hospital

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c/o Mental Hygiene Administration

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**Healthy People in Healthy Communities**

### **INTRODUCTIONS/ADOPTION OF MINUTES:**

The meeting was called to order by Council Chair, Sue Diehl. Attendees introduced themselves and the minutes of the November 16, 2011 meeting were approved with correction. Dr. Vira Froehlinger clarified and enhanced the summary of her presentation on the Education Mental Health Collaborative. Please note that the approved/corrected minutes will be posted on MHA's Web site, [www.dhmf.state.md.us/mha](http://www.dhmf.state.md.us/mha). The Maryland Advisory Council on Mental Hygiene's link is listed under "Resources".

### **ANNOUNCEMENTS:**

The FY 2012 Mental Health Services Block Grant (MHSBG) application, which was submitted to Substance Abuse and Mental Health Services Administration (SAMHSA) on September 1, 2011, was approved without modification. In June 2011, SAMHSA revised the 2012 and 2013 Guidance and Instructions to combine the MHSBG and the Substance Abuse Prevention and Treatment Block Grant (SAPTBG) into one unified block grant application to promote consistent planning and reporting across both block grant programs. States were encouraged, but not required, to submit a combined MHSBG and SAPTBG application for 2012-2013. Maryland submitted separate block grant applications for mental health and substance abuse; however, throughout the document there are discussions of joint and collaborative efforts of the behavioral health administrations. We thank all of you who contributed toward the success of these efforts.

The Implementation Report of the FY 2011 State Mental Health Plan will be posted on MHA's Web site, [www.dhmf.state.md.us/mha](http://www.dhmf.state.md.us/mha) through the Report link under Resources.

This document reports the final status of the accomplishments of the strategies included in the State Mental Health Plan.

The Mental Health Association of Maryland (MHAMD) will host its annual Legislative Reception for 2012, on February 8, 2012 from 3:00 to 7:30pm at the Westin Annapolis Hotel. This event, *Behavioral Health: Change on the Horizon*, gives attendees opportunities to learn about upcoming legislation and hear from leaders on state and national health care reform efforts. If interested, please register before January 27, 2012. For more information, contact MHAMD at [www.mhamd.org](http://www.mhamd.org).

### **THE DIRECTOR'S REPORT:**

Brian Hepburn, M.D., Executive Director of MHA, delivered the following report:

- MHA's budget has been reviewed by Maryland's Department of Budget Management (DBM) but has not yet been finalized. It is expected that more information will be forthcoming in mid January. DHMH/MHA is bracing against a predicted billion dollar deficit next year. It is not yet known what cuts or cost containment measures will be put into place.

- Due to the unfortunate deaths which took place on one unit at Clifton T. Perkins Hospital Center (CTPH):
  - DHMH's Office of Health Care Quality (OHCQ) and outside consultants have been called in to determine the root causes, including factors which may affect other units as well, and will issue a comprehensive report in January
  - David Helsel, CEO of Spring Grove Hospital Center, has replaced the interim CEO at CTPH
- DHMH hired consultants to develop options and recommendations for financing an integrated system of care. The final report, *Future Options for Integrated Behavioral Healthcare*, was submitted in December 2011. DHMH Secretary Sharfstein received stakeholder comments regarding many of the recommendations cited in the report. Recommendations will be selected by Secretary Sharfstein and incorporated within the Joint Chairmen's Report (JCR).
- A question arose about the future of the PMHS "carve out" of mental health services (fee-for-service rather than grant fund limitation) under the current 1115 Waiver. Dr. Hepburn said that long term shifts may happen as Health Care Reform is fully implemented but did not foresee major structural changes in the immediate future. Various models of integrated care are being explored.

To enhance future Director Report highlights, Dr. Hepburn encourages members to submit questions on topics of interest to Cynthia Petion at [cpetion@dhmh.state.md.us](mailto:cpetion@dhmh.state.md.us).

**PRESENTATION - OVERVIEW OF THE PUBLIC MENTAL HEALTH SYSTEM (PMHS) DATA** - Brian Hepburn, M.D., Executive Director of the Mental Hygiene Administration

Dr. Hepburn gave an overview of the following trends based on the **PMHS Quarterly Data Report**, with particular emphasis on 2007-2011:

- Growth in the number of consumers served
- Decrease in number of individuals served as uninsured
- Growth in claims expenditures (related to increase in numbers served)
- Decrease in average cost per person (related to cost containment measures)

The charts presented were from the PMHS Quarterly Report Data through September 2011. This and many other data reports are available on the MHA Web site, [www.dhmh.state.md.us/mha](http://www.dhmh.state.md.us/mha) through the Report link under Resources/Data.

Dr. Hepburn emphasized the relationship between the growth in the Medicaid system and the growth in the numbers served in the PMHS. Diane C. Herr, Council representative for Medicaid, corroborated that MA was experiencing a higher enrollment overall which is affecting the higher numbers enrolled in the PMHS. Dr. Hepburn also gave an overview of trends relating to particular populations such as children, adults, individuals with co-occurring disorders, and veterans.

Dr. Hepburn also presented examples from the **Outcomes Measurement System (OMS)**:

The OMS, implemented in FY 2007, is based on surveys administered to individuals who receive outpatient mental health services, (80-90% of individuals receiving services in the PMHS). The OMS is designed to track trends in system as a whole in areas such as housing, school attendance or substance abuse, for individuals ages six to 64. Summary information has been available for point-in-time trends. Recently the system has been updated to allow access to include the analytical structures needed for producing “change-over-time” outcome analyses.

Of particular interest to Joint Council members is that one may pull up this tool on-line and enter parameters of specific interest, including by jurisdiction, and see trends in the above areas. The OMS may be accessed on MHA’s Web site, [www.dhmd.state.md.us/mha](http://www.dhmd.state.md.us/mha) as a link under Resources/Outcomes Measurement System.

#### **COUNCIL BUSINESS:**

On November 17, 2011, the Planning Committee’s review of the Implementation Report of the FY 2011 State Mental Health Plan and components of the Mental Health Block Grant Implementation Report took place in the first floor conference room in the Mitchell Building, Spring Grove Hospital Center. Thank you to Bob Pender, Phoenix Woody, Victor Henderson, Sarah Burns, Carol Allenza, and Joshana Goga for participating in the review of these documents.

The Planning and Executive Committee members will meet after the general meeting to discuss recommendations from the October Joint Council Retreat.

The meeting was adjourned.

**Please note, the Agenda for the February 21<sup>st</sup> Council meeting will be posted on the Advisory’s Council’s web page, under the resources section, on MHA’s Web site [www.dhmd.state.md.us/mha](http://www.dhmd.state.md.us/mha).**